

## [POWER OF HABIT CHARLES DUHIGG](#)



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Charles Duhigg is a Pulitzer Prize-winning investigative reporter for The New York Times and author of The Power of Habit. A graduate of Yale University and Harvard Business School, he has received the George Polk, the National Academies of Science and other awards. He lives in Brooklyn with his wife and two children.

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### **The Power of Habit Wikipedia**

The Power of Habit: Why We Do What We Do in Life and Business is a book by Charles Duhigg, a New York Times reporter, published in February 2012 by Random House. It explores the science behind habit creation and reformation. The book has reached the best seller list for The New York Times, Amazon.com, and USA Today. The book was long listed for the Financial Times and McKinsey Business Book of the Year Award in 2012.

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### **The Power of Habit Charles Duhigg at TEDxTeachersCollege**

Charles Duhigg is a renowned author and business reporter for The New York Times, where he has made numerous contributions. Mr. Duhigg is the author of "The Power of Habit: Why We Do What We Do In Life", recognized as one of the best books of 2012 by The Wall Street Journal and the Financial Times.

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### **Charles Duhigg Wikipedia**

Charles Duhigg is a Pulitzer-prize winning American journalist and non-fiction author. He was a reporter for The New York Times and is the author of two books on habits and productivity, titled The Power of Habit: Why We Do What We Do in Life and Business and Smarter Faster Better.

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